

TRU-American Health Membership DPC

Elevated Care, Affordable Price

One bill, FIVE memberships: Streamlining your health and wellness has never been easier!

Designed to meet your unique needs, this membership empowers you to put your health first while unlocking savings along the way.

A 5-IN-1 HEALTHCARE SOLUTION

IN-PERSON PRIMARY CARE



Unlimited in-office visits with board-certified physicians for \$10 per DPC visit and \$0 for virtual physician visits.¹

IN-PERSON URGENT CARE



Find immediate and unlimited in-person care for the flu, COVID-19, and more for \$25 per visit.¹

RX MEMBERSHIP



Easily pay for your medications online and enjoy \$0 copays for generic medications.

HEALTHSHARE MEMBERSHIP



Take a new approach to healthcare with lowers costs and no provider restrictions.

LIFESTYLE AND HEALTH DISCOUNTS



Save on major benefits like dental, vision, chiropractic, travel, and more.



DIRECT PRIMARY CARE

Our Direct Primary Care (DPC) membership is nationwide and provides unlimited in-office and virtual primary medical care to everyone.¹

IN-OFFICE PHYSICIAN

Unlimited in-office visits with board-certified physicians for \$10 per DPC visit, all designed so that members can see a doctor when needed.²

VIRTUAL DPC

Unlimited Virtual DPC access 24/7/365 to bilingual board-certified physicians for \$0 out-of-pocket. These physicians are ready to assist with appropriate acute concerns, prescription refills, doctor notes for work, and more.

IN-PERSON URGENT CARE

Unlimited appointments for conditions that require elevated care beyond what is traditionally offered in a primary care physician's office for \$25 per visit.³

CHRONIC CARE

Through unlimited chronic care access, members can minimize out-of-pocket expenses for those conditions that are within a manageable state for \$10 per visit.⁴

PREVENTATIVE CARE

Membership provides an annual physical with basic lab work.⁵

RX MEMBERSHIP

Save on your medications with our Rx Program, and get access to most generic medications for free!⁶

DIABETES PROGRAM

Get a free meter, low-cost testing strips, lancets, and more.

MAIL ORDER

Get 90-day refills mailed directly to you.

\$0 PRESCRIPTIONS

Common medications are included, for \$0.

RX COACHING

Get virtual education and counseling.

DISCOUNTS

- Nationwide discounted lab tests with over 2,200+ approved testing centers through **Grassroots Labs**.⁷
- Savings of up to \$4,900 per year with great deals across travel, tickets, electronics & many more categories through the **TRU Discount Marketplace**.
- **WellCard Savings** gives you and your family access to pre-negotiated discounts on prescription drugs and a wide range of health care services including a 24/7 vet, up to 60% off MRI and imaging services, a medical bill advocate, and much more!

SEDERA HEALTHSHARE MEMBERSHIP

A FINANCIAL SAFEGUARD FOR BIG MEDICAL EXPENSES

A HealthShare is a community of members who make healthcare expenses more manageable by sharing costs. Members embrace this caring approach by agreeing to live by healthy standards and voluntarily participate by submitting monthly contributions.

WHAT'S SHAREABLE*

- Surgery
- Hospitalization
- Emergency care
- Maternity needs

* These are a few examples of needs that may be eligible for sharing. All sharing decisions are subject to the Member Guidelines. Read them [here](#).

MEMBER RESPONSIBILITY

When you have a medical need, you'll pay an Initial Unshareable Amount (IUA), and you'll never pay more than 3 in a year.

☐ \$1,000 IUA ☐ \$2,500 IUA ☐ \$5,000 IUA

**Your
Choice**



INCLUDED PREVENTIVE CARE

- Annual preventive mammogram for women 40+
- Preventive colonoscopy for members 45+
- Select immunizations for children 0-18

HOW IT WORKS

Step 1.



Contribute funds to the community

Step 2.



Pay your IUA when you have a need

Step 3.



Share medical bills with the community

Step 4.



Enjoy peace of mind as part of a caring community

SEE ANY PROVIDER YOU CHOOSE AND NO ANNUAL SHARING LIMIT

SIGN UP TODAY!

TRU-AMERICAN HEALTH PLUS HEALTHSHARE

- ✓ Unlimited In-Person and Virtual Primary Care
- ✓ Specialty Care
- ✓ In-Person Urgent Care
- ✓ Prescriptions
- ✓ Emergency Care
- ✓ Major Medical Expenses
- ✓ Discounted Services



EASY AS 1 2 3!

1. Contact us to enroll and sign up!
2. Choose your Initial Unsharable Amount (IUA).
3. Enjoy your benefits!



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This is NOT insurance. This is not Minimum Essential Coverage. This is a noninsurance program sold as a subscription service. This subscription does not provide reimbursement for any medical expenses.

Offered by TRU Health Group or its affiliates. Pricing and availability subject to change without notice.
Direct Primary Care (DPC) coverage offered by Healthcare2U.

1. Healthcare2U's Direct Primary Care (DPC) is a healthcare membership. DPC is not insurance and does not satisfy ACA minimum essential coverage. Individuals ages 2 to 65 are eligible for Healthcare2U's DPC membership. Dependents under the age of two are not eligible to enroll for Healthcare2U. Dependent children are eligible for membership until the last day of their 25th year. Individuals are eligible for membership until the last day of their 64th year.

2. No walk-ins allowed. Unlimited services must be accessed through Healthcare2U's Patient Advocacy Line (PAL) and all care is provided through our physician network. In-office appointments are only available within business hours (Monday through Friday, 7 AM to 6 PM CST). Applicable visit fees apply. Depending on membership type, the annual physical may only be accessible after six consecutive months of membership.

3. This program will pay a maximum of \$150 per clinic visit and any balance shall be the responsibility of the member.

4. Included in the 13 most prevalent chronic conditions are Anxiety, Arthritis, Asthma, Blood Pressure, Fibromyalgia, GERD, Gout, Hypertension, Thyroid, CHF, COPD, Depression, Diabetes.

5. Annual physical includes four labs: complete metabolic panel (CMP), complete blood count (CBC), thyroid stimulating hormone (TSH) and lipid panel.

Not all labs that can be prescribed are included in this program. Provider collection and handling fees may apply, and are subject to health benefit plan provisions, if any.

6. Rx services provided by America's Pharmacy Source. For full federal and state notices and disclaimers, please visit <https://americaspharmacysource.com/terms-and-conditions/>

7. Lab services provided by Grassroots Labs. For full federal and state notices and disclaimers, please visit <https://www.grassrootslabs.com/>

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TRU-AMERICAN HEALTH PLUS SEDERA HEALTHSHARE MEMBERSHIP RATES

5000 IUA

Member Only	Monthly Price
Age 18-29	\$228
Age 30-39	\$254
Age 40-49	\$257
Age 50-59	\$309
Age 60-64	\$314
Member Spouse	
Age 18-29	\$373
Age 30-39	\$436
Age 40-49	\$440
Age 50-59	\$546
Age 60-64	\$552
Member Children	
Age 18-29	\$421
Age 30-39	\$485
Age 40-49	\$490
Age 50-59	\$597
Age 60-64	\$603
Member Family	
Age 18-29	\$602
Age 30-39	\$667
Age 40-49	\$675
Age 50-59	\$828
Age 60-64	\$837

2500 IUA

Member Only	Monthly Price
Age 18-29	\$254
Age 30-39	\$277
Age 40-49	\$279
Age 50-59	\$380
Age 60-64	\$387
Member Spouse	
Age 18-29	\$436
Age 30-39	\$482
Age 40-49	\$488
Age 50-59	\$645
Age 60-64	\$653
Member Children	
Age 18-29	\$485
Age 30-39	\$533
Age 40-49	\$537
Age 50-59	\$695
Age 60-64	\$704
Member Family	
Age 18-29	\$727
Age 30-39	\$739
Age 40-49	\$747
Age 50-59	\$935
Age 60-64	\$945

1000 IUA

Member Only	Monthly Price
Age 18-29	\$313
Age 30-39	\$341
Age 40-49	\$346
Age 50-59	\$434
Age 60-64	\$442
Member Spouse	
Age 18-29	\$558
Age 30-39	\$587
Age 40-49	\$594
Age 50-59	\$760
Age 60-64	\$771
Member Children	
Age 18-29	\$607
Age 30-39	\$637
Age 40-49	\$644
Age 50-59	\$812
Age 60-64	\$822
Member Family	
Age 18-29	\$852
Age 30-39	\$863
Age 40-49	\$874
Age 50-59	\$1,131
Age 60-64	\$1,145